### Joy In Learning

May 2025



# Spring and Summer Fun!

# AUTHORS ROUNDTABLE FEATURING JOHN ARNN & ANN HARRIS

Friday, May 16 | 10:00-11:30 a.m.

Westminster Cafe

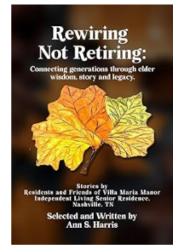


John Arnn retired from teaching music in 2006. While still active as a musician post-retirement, John turned his creative energies to writing. He has since published four books. His most recent book, *A Matter of Choice*, was published in 2025.

**Ann Harris** retired in 2017 and moved into new forms of engagement with others. In 2024, she published the book *Rewiring Not Retiring: Connecting generations through elder wisdom, story and legacy.* 



Register here



Learn more about John and Ann when you register.



"Retirement is not the end of the road. It is the beginning of the open highway." - Unknown

A ministry of Westminster Presbyterian Church 3900 West End Ave., Nashville TN 37205 **westminsterjoy.org** 

# PAINTING OPEN STUDIO LEARNING IN COMMUNITY!



Special Open Studio for Experienced Painters! Oil, Acrylic, Watercolor, Pastel

> **Tuesdays, May 6-June 24** 9:00 a.m. - Noon

Coordinators: Jackie Shrago and Elaine Williams







**The fine print:** This is a free open studio for interested individuals to come with your paints, brushes and canvases to create some art. An instructor will *not* be on site. Come and go at anytime during the set hours and be sure to clean up your supplies. An email will be sent prior to each class to confirm attendance.

# ACRYLIC PAINTING FOR BEGINNERS & EXPERIENCED PAINTERS



**Tuesdays, June 17 - July 29** (except July 8) 1:00 - 3:00 p.m.

Instructor: Emily Coleman

\$50 for 6 days (supplies included) Last day to register: June 10 Limit: 12 people

Register here





Paintings by Emily Coleman



#### WEEK 1

Practice light, blurry backgrounds with watered-down colors and gentle, indistinct shapes

### WEEK 2

Focus on palette knife technique

### **WEEKS 3-6**

Brainstorm ideas and make a final painting

# POTTERY OPEN STUDIO

### FOR INTERMEDIATE AND EXPERIENCED POTTERS



Session 1 Tuesdays in June 10:00 a.m. - 2:00 p.m. Limit: 10 people



Session 2 Fridays, July 11 - August 1 10:00 a.m. - 2:00 p.m. Limit: 10 people



### Participant Guidelines

- This is a free opportunity for individuals who have gone through a beginner's class to make more designs on their own, while having more experienced potters in the room to ask for ideas and learn about techniques. It is not a class.
- Clay, tools and glazes will be provided, along with firing pieces.
- The coordinator will schedule firing and send confirmation emails to attendees.
- Individuals are responsible for cleaning all their supplies.
- All teachers are volunteers. We encourage participants to 'pay it forward' by helping with future pottery opportunities.





### They are not THAT old! ARTIFACT: household potholder, circa 1970s

Colorful. Handmade. Most are asymmetrical in shape. A keepsake. Used in daily life to lift hot objects in the kitchen. Still found in some people's homes today. Ebay approx. \$10.00.

### 2025: THEY'RE BACK - and better than ever!

The Potholder

Make a potholder for yourself or to give away to a *Joy in Learning* special project.

Tuesdays-Fridays, May 1-15 9:00 a.m. - Noon | Westminster Café | Limit:10 people

Choose a day or a couple of days! You can finish a potholder in about 2 hours. The friendships you make, however, will last a lot longer!



NEW & IMPROVED 10" square loom 100% cotton hoops



### Let us know if you are coming!

If you want to give your potholder(s) away, we have people who would enjoy receiving them!



## VOLUNTEER OPPORTUNITY

Westminster Home Connection Spring Newsletter

### **Dates and Location**

Wednesday, May 14 and/or Thursday, May 15 9:00 - 10:30 am Westminster Café

### Description

Stuff, adhere address labels, and affix stamps to envelopes.

### Contact

Beth Drake at beth@westminsterjoy.org.



# MANY HANDS MAKE LIGHT WORK!

## WESTMINSTER CAFÉ HOSTS AND BAKERS NEEDED THIS SUMMER

Tuesdays - Fridays 8:00 a.m. - Noon 2.5 hour shifts

Greet folks and meet new people in this fast-growing Cafe ministry!

Indicate your interest if you are not trained, but would like to learn more!





# VOLUNTEERS NEEDED to help with our refugee youth



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SESSION 1 | JULY 7, 8

SESSION 2 | JULY 9, 10

SESSION 3 | JULY 14, 15

8:30 a.m. - Noon Westminster Presbyterian Church





Use the QR code to let us know with what session(s) you would like to help.

Email beth@westminsterjoy.org if you can help with lunches!

# ONGOING ACTIVITIES REGISTER ANYTIME come & go schedules



### Tuesdays, 9:30 - 11:30 a.m. | Westminster Cafe

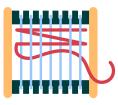
Mah-Jongg is a game of Chinese origin usually played by four persons with 144 tiles that are drawn and discarded until one player secures the winning hand.

### Tai-Chi

### Mondays, Wednesdays and Fridays, 10:00 - 11:00 a.m.

Experience the benefits of Tai-Chi through reduced stress, improved sleep, better cognitive function, balance, flexibility, coordination and core strength. Come as you desire. Attendance is free.





## Weaving

### Thursdays, 10:00 a.m. - Noon | Westminster Cafe

Join in a tapestry project. Attendees develop and write messages on strips of ribbon that convey their hopes and prayers for the community.

## **Knitting & Crocheting**

### Thursdays, 10:00 a.m. - Noon | Church parlor

This group creates individual items and also engages in service projects. They provide blankets, hats and other items to various nonprofits, hospitals and individuals.



## **Cooking & Baking**

### 2<sup>nd</sup> Mondays, 2:30 - 5:00 p.m. | based on school calendar

Make taco meals for 20-25 high school students with Preston Taylor Ministries. This is one of two meals that PTM needs help with each month.

## **Community Outreach Card Ministry**

### 1<sup>st</sup> & 3<sup>rd</sup> Tuesdays, 9:00 - 10:00 a.m. | Westminster Cafe

A caring heart and kind words lifts those experiencing sorrows and joys, gives encouragement, and shows appreciation. Materials are supplied.

