



“Turning Toward Mission and Ministry in Lent”


Lent is a season to prayerfully consider how we might turn our lives toward following Jesus. The Hands On Mission Committee invites Westminster to be open to hearing a new call to mission and ministry over the 40 days of Lent.




Look inside for various volunteer opportunities.




Below are volunteer opportunities available during this season of Lent. Please contact the person listed to get more information.

Contact for more Information	Organization	Mission	Lent Opportunities	QR Code
Janet Kuhn; janetkuhn@mac.com; 615-218-1552	Better Decisions	Better Decisions' mission is to teach & foster decision-making and life-planning skills among women who are incarcerated & others expressing interest, by means of a structured curriculum delivered by trained volunteers. <i>Empowering women to succeed!</i>	Come hear about Better Decisions at the Westminster Café on February 21 at 10:30 am, donate yarn, write cards to women served.	
Jennifer Anderson; andersonjl2001@yahoo.com; 615.424.0633	Cockrill Elementary School	To encourage, guide and support all students to reach their highest potential and become lifelong learners contributing to society	Read to students, volunteer at the school, write notes to Staff, visit a classroom to share your expertise, and more.	
Jackie Shrago; jshrago@gmail.com; 615-310-3285 OR Matt Ashwood; matt@sandynose.com	Equal Chance for Education	ECE enables opportunities for higher education without regard to race, religion, or nation of birth.	Volunteers can mentor a student.	
Janet Kuhn; janetkuhn@mac.com; 615-218-1552	Frontera de Cristo	To support local ministries in their work to serve migrants and community members, to establish greater understanding through relationships, to love mercy, do justice and walk humbly with God.	Help the community of Douglas, Arizona respond by welcoming more than 4,000 asylum seekers who are seeking refuge from extreme poverty and/or violence. If you'd like to join in support, you can donate via the Amazon Gift List. Please scan the QR code to the right to connect to the list.	
Janet Kuhn; janetkuhn@mac.com; 615-218-1552	Habitat for Humanity	Seeking to put God's love into action, Habitat for Humanity brings people together to build homes, communities and hope.	Volunteer to pray daily for Habitat and the people they serve.	
Lindsay Ballew; lindsayballew@yahoo.com; 615-521-6195	Heart For Africa	Heart for Africa is a faith-based humanitarian organization that focuses on bringing HOPE to the Kingdom of Eswatini, Africa in the areas of Hunger, Orphans, Poverty and Education.	Volunteer to pray daily for Heart for Africa and the people they serve.	
Jackie Shrago; jshrago@gmail.com; 615-310-3285	Lawson High School (formerly Hillwood)	Mission: 1400 students to reach graduation	Needs include supporting families with food needs during the winter, and encouraging graduation for students by building confidence in school subject areas.	
Janet Kuhn; janetkuhn@mac.com; 615-218-1552	Joy In Learning	The JIL Ministry provides a welcoming environment for people of all ages from diverse cultural, ethnic and economic backgrounds to gather in community to promote connection, understanding, and caring relationships, while creatively sharing God's gifts of play, art, crafts, music, science, nature, literature and love.	Westminster Café Opportunities: February 13 Songwriter Event and fundraiser for MNPS homeless students; February 21 program highlighting local nonprofit, Better Decisions, sign up to volunteer in Café; Joy in Learning Class on March 11: Make PomPoms with PTM children; many other opportunities to bake and help	

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Janet Kuhn; janetkuhn@mac.com; 615-218-1552	Living Water For The World	LWW-WPC is a Christian ministry that partners with families in TN and Peru who lack access to clean drinking water in order to provide simple, affordable and sustainable water purification systems, to bring health/hygiene education and spiritual enrichment, and to foster relationships between its volunteers and the communities and institutions served.	This is your chance to get hands on! The team will be repairing/installing systems in Macon and Hickman Counties during Lent.	
Darlene Sinks; dksinks12@gmail.com	Martha O'Bryan Center	On a foundation of Christian faith, Martha O'Bryan Center empowers children, youth, and adults in poverty to transform their lives through work, education, employment, and fellowship.	Help make food boxes, read to preschool children, make baked goods or greeting cards for Meals on Wheels.	
Jackie Shrago; jshrago@gmail.com; 615-310-3285	Monroe Harding	Changing Young People's Lives. Monroe Harding meets this mission through programs which serve young people who are currently in or are transitioning from the foster care system:	Visit the program of young adults learning budgeting or cooking skills and sharing a meal.	
Beth Moore; BMoore@srvhlaw.com; 615-210-5841	MyLifeSpeaks	A Nonprofit Ministry based in Nelly, Haiti committed to developing a Christ-centered culture, one life at a time, by equipping Haitians to help Haitians create a sustainable, long-term impact in their communities.	Volunteer to pray for Haiti daily. Please scan the QR code to the right to learn more.	
Janet Kuhn; janetkuhn@mac.com; 615-218-1552	Nations Ministry	Nations Ministry Center, as an instrument of God's grace in welcoming refugees and immigrants to Middle Tennessee, helps refugee families become generationally successful through youth development and literacy advancement, family services, and our Road to Citizenship.	Painting and cleaning the office, cleaning out vans and buses	
Ralph Wheeler; ralph.beyond3@gmail.com; 281-960-9816	Nueva Vida	Nueva Vida is Westminster's Spanish-speaking sister church as part of our commitment as a Matthew 25 Congregation.	Need diapers for infants and toddlers. All sizes needed.	
Beth Moore; BMoore@srvhlaw.com; 615-210-5841	Oasis Center	Building relationships that advance youth wellbeing, amplify youth voice, and inspire action toward a just community.	Provide sack lunches or snacks, hot meals, or donate items for homeless youth; assist with Bike Workshops at a Metro School or tutor at Nashville State.	
Janet Kuhn; janetkuhn@mac.com; 615-218-1552	Preston Taylor Ministries	Preston Taylor Ministries (PTM) empowers youth to discover and live their God-inspired dreams, develop a love for learning, and build joy-filled friendships that glorify Christ Jesus.	Spring Break in the Marketplace (provide a job shadowing opportunity), provide meal for High school program, teach hand sewing skills	

continued on next page

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Darlene Sinks; ddsinks12@gmail.com	Rejoice School of Ballet	Motivated by Christ's love, Rejoice School of Ballet empowers youth to realize their potential by training, nurturing and celebrating dancers from diverse racial, socioeconomic, and cultural backgrounds.	Various volunteer needs to help with Ballet Performance at West End United Methodist Church (2/24 - 3/3), stitchers (costume sewing needs), donation of items for costume shop, administrative needs	
Ralph Wheeler; ralph.beyond3@gmail.com; 281-960-9816. Devin Childers 615-589-3029	Room In The Inn	Room In The Inn's Mission is to provide programs that emphasize human development and recovery through education, self-help, and work, centered in community and long-term support for those who call the streets of Nashville home.	Room In The Inn - There are opportunities to serve listed on the WPC website for the Lenten season. Additionally, RITI needs new gloves, socks, underwear and XL coats for the men.	
Lindsay Ballew; lindsayballew@yahoo.com; 615-521-6195	St. Luke's	St. Luke's creates a community where children, families, and seniors from different backgrounds can easily access the resources needed to live fulfilling lives.	Food Bank and Mobile Meals program volunteers needed. All volunteer opportunities and sign ups are listed on the website. Please scan the QR code to the right for more info.	
Lindsay Ballew; lindsayballew@yahoo.com; 615-521-6195	Strick's Gift	To help families who are unable to afford items like clothing and blankets for their newborn children.	Volunteer to pray daily for the babies and families that Strick's Gift serves. Help fill baby bags with donated clothing for newborns on Saturday, March 2, in the Koinonia Youth Café from 1:00 - 3:00 p.m. Please contact Lena Levendoski, lenalevendoski@gmail.com.	
Ralph Wheeler; ralph.beyond3@gmail.com; 281-960-9816	The Outreach Foundation	Engaging followers of Christ for His work in the world.	Volunteer to pray daily for Outreach Ministries and the people they serve, attend event to learn more about Haiti mission opportunities March 4-6.	
Darlene Sinks; ddsinks12@gmail.com	UKIRK	UKirk Nashville provides area college students a place for Christian community and spiritual growth by deepening relationships through fellowship, experiencing God through worship, and encouraging discipleship through service.	Volunteer to pray daily for UKirk and the students they serve, possibly provide meal this Spring.	
Lindsay Ballew; lindsayballew@yahoo.com; 615-521-6195	Westminster Disaster Assistance	Helping rebuild Tennessee families' homes after natural disasters.	Volunteer to pray for our neighbors in Tennessee who are still recovering from natural disasters.	
Matt Ashwood; matt@sandynose.com	Westminster Home Connection	Westminster Home Connection repairs and modifies homes to empower older adults and persons with disabilities to age in place safely and with dignity.	Help build a ramp in late March, or sort/pack/move an older adult. Contact Ryan Brooks at 615-693-2153 for current projects.	
Molly Brookshire; mollie.brookshire@gmail.com OR Matt Ashwood; matt@sandynose.com	Crowded Table	Crowded Table equips churches to provide practical support to Davidson County foster families and their caseworkers, in order to increase and sustain the network of people who care for foster children in Middle Tennessee	Over the past few years, Nashville's foster care system has struggled to retain foster families and caseworkers. This Lent, please be praying for those on the front lines of foster care in our city. If you're interested in learning how Westminster hopes to provide practical support to foster families and caseworkers, please email Mollie Brookshire.	

Amazon List for Frontero



My Life Speaks



St. Luke's

