

Helen and her husband Steve joined Westminster in 1986. Their children Curtis and Sarah grew up being active in the church, where they benefited from participating in youth groups, choir and going on mission trips. Helen has served on the Pastoral Care committee, taught Sunday School for a number of years, and is currently attending the Disciples II class after completing Disciples I in the spring of 2021. She has also volunteered at Room at the Inn, Habitat for Humanity, and other church activities. Helen's father, Walter Hardcastle, was a charter member of Westminster. She was baptized at Westminster when her parents (who lived in Erie, PN at the time) drove her to Nashville to be baptized with her cousin Jay Boone.

Helen is currently a Senior Managing Director for Ankura Consulting. She was a Partner at c3/consulting and joined Ankura with the sale of c3/consulting to Ankura. Helen is active in the community, where her current roles include Board Chair for Gilda's Club of Middle TN, and Advisory Board for Ronald McDonald House Charities of Nashville.

Helen and Steve have two grandchildren who live in Denver with Curtis and his wife Katie. Sarah Lane Steensen and her husband Luke live in Chicago.